2010 CBC Section 1029.1

1029.1 General. In addition to the means of egress required by this chapter, provisions shall be made for emergency escape and rescue in Group R occupancies. Basements and sleeping rooms below the fourth story above grade plane shall have at least one exterior emergency escape and rescue opening in accordance with this section. Where basements contain one or more sleeping rooms, emergency escape and rescue openings shall be required in each sleeping room, but shall not be required in adjoining areas of the basement. Such openings shall open directly into a public way or to a yard or court that opens to a public way.

2010 CBC Section 1029.1, Exception 1.

In Groups R-1 and R-2 occupancies constructed of Type I, Type IIA, Type IIIA and Type IV construction equipped throughout with an approved automatic sprinkler system in accordance with Section 903.3.1.1.

Does Exception 1 of 1029.1 apply to R-2.1 RCFE Occupancies, a sub classification to R-2?

Yes. Section 1029.1, Exception 1 applies to both Groups R-1 and R-2 occupancies… Group R-2 in general includes Group R-2.1 occupancies unless otherwise stated or excluded. The intent of the code, as amended by the SFM, is for Group R-2.1 occupancies to be constructed as a Group R-2 with additional restrictions or construction provisions as stipulated throughout the code (e.g. section 425).